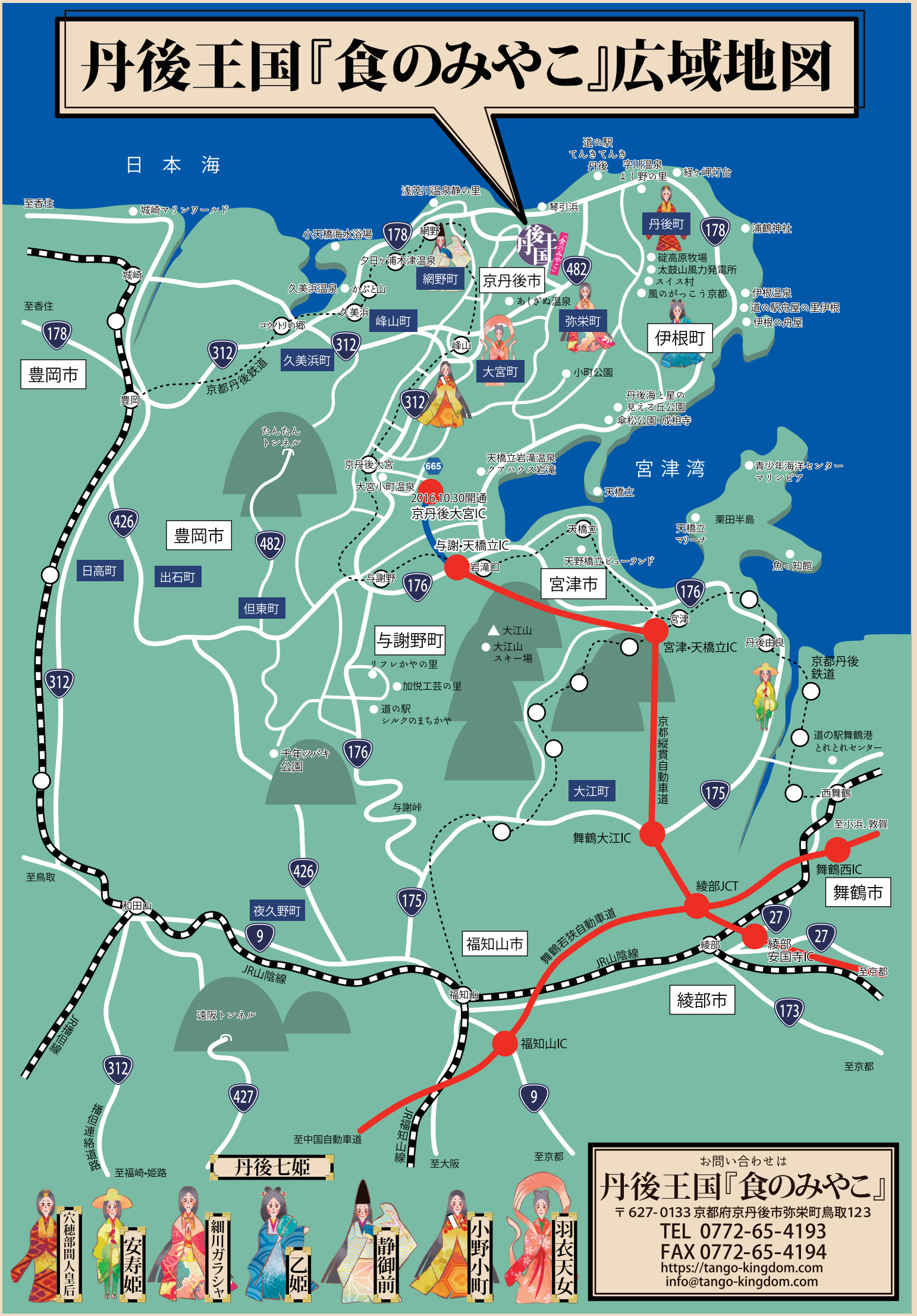丹後王国『食のみやこ』広域地図